

## ROUTINE REVEAL OF PELVIC FLOOR DYSFUNCTION

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**Research relevance:** pelvic floor dysfunction (PFD) is a condition in which pelvic muscles don't work properly. PFD is detected in 47% of women of reproductive age [1]. Due to variety of clinical symptoms, patients are treated by gynecologists, proctologists, urologists and sexologists [2].

**Objective:** to determine the frequency of PFD in the routine practice of an outpatient gynecologist.

**Materials and Methods:** women were asked about episodes of leakage of urine, nokturia, constipation or sexual disorders. The history of age, parity, genetic susceptibility, pelvic organs surgery, was estimated. The body mass index (BMI) was counted. All patients were examined on gynecological chair.

**Results:** the trial was performed for three months. 22 women were participated in the study. The reasons for initial application were: routine examination (36,3%), pelvic pain (27,2%), vaginal discharge (13,6%), cystitis (9%), climacteric syndrome (4,5%). Only 9% women have complaint about PFD as a principal. Average age was 40 years: The elder was 59, the youngest — 22. BMI was within normal limits in 10 patients. 12 were overweight. 19 patients were found to have stress urinary incontinence (SUI) after clarifying questions. Five of them had remained the episodes of urine's leakage in a second half of a year after delivery. During proper examination the symptoms of connective tissue dysplasia were revealed in 5 patients. After questioning and examination all patients were taught special exercises to prevent progression of PFD.

**Conclusion:** diagnosis of early stages of pelvic floor dysfunction is important in the routine practice of an outpatient gynecologist [3]. It allows starting treatment in time and prevents the development of pelvic organ prolapse requiring surgery.

### References

1. Linda Cardozo, David Staskin, Textbook of Female Urology and Urogynecology — Two-Volume Set, 4th Edition, 2016;117(19):258–270.
2. S. Gene McNeeley, Pelvic floor disorders: last fool review, Merck and the Merck manuals, 2017.
3. Tammy M. DeBevoise, Angela F. Dobinsky, Pelvic floor physical therapy: More than Kegels, Women's Healthcare J. 2015: 34–39.

## СЕКЦИЯ ЛИНГВОКУЛЬТУРОЛОГИИ

### РЭП-БАТТЛ КАК ЛИНГВОКУЛЬТУРНЫЙ ФЕНОМЕН

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**Актуальность исследования:** рэп-баттлы, представляющие собой словесные поединки в жанре рэп, в современном культурном пространстве являются довольно популярным феноменом. Возросший интерес к рэп-баттлам в современной молодежной среде во многих странах мира обусловил актуальность темы исследования.

**Цель исследования:** определить особенности рэп-баттлов как лингвокультурного явления.

**Материалы и методы:** наблюдение, описательный и сравнительный анализ, анкетирование; материалом исследования послужили тексты русско- и англоязычных рэп-баттлов, популярных на видеохостинге Youtube и в социальной сети «В контакте».